

Connecting with my dreams

What is a habit I would like to start / break this year?

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What are the three goals I am committed to achieving in 2022?

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What are my top 3 guidelines for 2022?

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What is the one thing that if I spend one hour per day, every single day, will make me happier and bring you closer to my dreams?

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What do I want to begin improving/transforming during the next 30 days?

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What fear is holding me back?

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What beliefs do I need to adopt to create my Dream Life?

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Why is it a must to transform my life right now?

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